

# *PrimaryCare-Scanning*

## *PrimaryCare-Scanning* **Ultrasound Service**

### **Ultrasound Instructions**

#### **Abdomen, Renal or Pelvic Ultrasound**

You must have **nothing to eat** for at least 6 hours before your examination.

You need to attend with a **full bladder**.

Please drink **one or two pints of fluids** (water or squash, black tea or coffee but **no fizzy drinks or drinks containing milk**) one hour before your examination and do not pass water until your examination is finished.

(If you are diabetic, please let the health centre know and special arrangements or an early morning appointment will be made.)

#### **Aorta, testes or any other part of the body**

There is no preparation needed.

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*Failure to observe these instructions may mean you will have to be re-booked for a further appointment or the examination will be limited.*

#### **What is an Ultrasound Scan?**

This is a simple test which involves taking images (pictures) of the inside of your body using sound waves.

#### **What happens during the scan?**

When you arrive for your appointment you will be directed to the ultrasound room and will be asked to lie down on a couch. To do the scan the Doctor or sonographer will place some gel on the area of the body to be scanned. A small probe is then passed over the skin and images are taken. The test is relatively quick and painless. You may wear your own clothes; ideally they should be loose fitting such as a track suit.

**Results:** A report will be sent to your doctor after the examination and will normally be available at your next appointment with the doctor who requested the examination.

If you are unable to attend this appointment please let the Health Centre or your GP practice know as soon as possible.